



Passionate Presence Retreat

Jan 20-24, 2012
residential in glorious Devon with

Katheryn Trenshaw



*Living
in Deep*

Passionate Presence Retreat

Diving in Deep

Passionate Presence residential retreat:
Come journey to delicious Devon.

Jan 20-24, 2012 residential in glorious Devon with

Katheryn Trenshaw

*Run barefoot in her rolling hills,
drink her sweet clear water,
marinate in the renewal of movement, meditation,
nature, art, body painting,
massage, sauna and simple
powerful ritual.*

"I learned to dare to let my heart be my intelligence."
Jules, Bristol

Diving in Deep

In this constantly changing world, we need more than ever to connect to the depth of ourselves, to the perfection of imperfection, to explore connection, to dance with paradoxes, to return to source through our bodies and our creativity, to allow the radiance that is always and already deep inside.

Dive in deep to the stillpoint, to source, to everything and nothing and the clarity of what is actually happening. Discover what you uniquely bring to this living, loving life. Leave feeling revived, deeply belonging in yourself, passionately present, pulsing with an open heart.

Katheryn Trenshaw is an international artist, movement practitioner & therapist, with over 20 years experience in the US & Europe. Katheryn offers creative expression based sessions for individuals, groups and businesses. She has a rare gift for encouraging risk taking within a safe setting.

For more info & booking please contact: Katheryn Trenshaw
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Dates and costs: Jan 20-24, £450*-650 *£100 early booking.