



# Passionate Presence

Events with

# Katheryn Trenshaw

*“Attending one of Katheryn’s workshops is like having a deep salt scrub of your soul, followed by a soothing lotion, leaving you feeling clear and nourished.”*

**Lorna Davis, President Kraft Foods China**

Are you ready for real freedom? Dare you step into your deep connected power and really be here now? Are you ready to open your heart and love? There is nothing to change. It is not about self-improvement. It is simple.

For more info & booking please contact: Katheryn Trenshaw  
6 Broomborough Drive • Totnes • Devon • TQ9 5LT • UK

+44 (0)1803 863552 • [info@ktrenshaw.com](mailto:info@ktrenshaw.com) • [www.ktrenshaw.com](http://www.ktrenshaw.com)

Katheryn Trenshaw is an international artist and therapist. With over 20 years experience in the US and Europe, Katheryn offers creative-expression based sessions for individuals, groups and businesses. She has a rare gift for encouraging risk-taking within a safe setting.





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This work explores the freedom in remembering and BEing as you are right now in this moment. This simple yet profound approach is about being at home in your innate juicy self. Awareness of your body, sexuality, creativity, heart and spirit allows you the luxury and deep pleasure of participating fully in your own existence. Through art, massage, movement and inquiry you will explore becoming a space through which your presence and passion for life can flow.

## **Passionate Presence Events with Katheryn Trenshaw**

### **2010**

**March 19-21\***

**April 9-11** (Sweden)

**May 21-23\***

**July 8-11** (Quest)

**July 23-25\***

**Aug 1-14** (Skyros)

**Sept 17-19\***

**Nov 19-21\***

### **2011**

**Jan 21-23\***

**Feb 8-13<sup>†</sup>** (week long retreat)

**March 18-20\***

Year-long group starting 2011. Please let us know if you are interested.

\*These sessions can be done individually or as a series. Please book early to ensure your place. Weekend Courses £125 early / £135 in Devon.

All groups limited to 12. *Individual sessions by appointment*

<sup>†</sup>Fully residential retreat at gorgeous Glastonbury venue with gourmet meals & hot tub £559 - £759 (£100 early book discount)