

Breaking the Silence: Masks that Heal and Reveal Power



November 7, 2010, 10am - 5pm
Petaluma, CA, \$250*

A day of exploring with clay, healing trauma, revealing and releasing powerful presence and energy now through masks, movement and ceremony.

About Breaking the Silence:

We all wear masks. Our masks conceal as well as reveal. They are sometimes used as disguises and decoys as well as for protection or to make a statement. **They reveal the hidden and transform the ordinary.** They have always been a medium for cultural expression, used in ceremonies to celebrate significant events of human life: birth, coming of age, marriage, death. It is the idea of the mask as a powerful and transformative symbol that underlies *Breaking the Silence* and its use for healing from childhood trauma. And what has been revealed can heal. In *Breaking the Silence* art becomes an alchemical vehicle of transformation and healing.



Katheryn Trenshaw is an art therapist and has been working with mask making for over 20 years. She is the creator and CEO of the *Breaking the Silence* Project. This is a rare opportunity to work with Katheryn in the USA. She lives in England and is offering this workshop to a select group of women in a lovely private venue. www.ktrenshaw.com

* Plus the option to have a unique brand of Katheryn's Tarot/Passionate Presence Card readings from 6pm until 11pm \$150 per one-to-one session. \$100 of booked along with the day long workshop.

To book please contact Jan 808-989-6554 on or Katheryn on 510-506-8431

For more information including a long article from BRES magazine about Breaking the Silence see www.ktrenshaw.com